



SEWICKLEY VALLEY Y COMPETITIVE SWIM TEAM ATHLETE CODE OF CONDUCT

INSTRUCTIONS: Please review the entire Athlete Code of Conduct with your swimmer, complete the requested information at the bottom and return on the first day of practice.

The undersigned participant agrees to abide by the standards of conduct outlined below in addition to those established by the coaches.

1. The possession or use of alcohol, tobacco, vaping products or any non-prescribed drugs is strictly prohibited.
3. Swimmers will refrain from all illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to the team's performance objectives.
4. Swimmers are expected to follow the directions of the coaching staff and always do their best.
5. Swimmers will display proper respect and sportsmanship towards coaches, officials, administrators, fellow competitors, and the community at large.
6. Bullying or any aggressive behavior toward another teammate, whether verbal or physical will result in swimmer immediately removed from practice.
7. Swimmers will adhere to the Y's core values of caring, honesty, respect, and responsibility. Remember to treat others as you would like to be treated – the Golden Rule.
8. Swimmers will arrive on time for meet warm-ups and practices, prepared to go in the water.
9. Swimmers are responsible for their equipment. Pack your own swim bag, (don't forget water), put equipment away after practice and check that you have everything before you leave.
10. Swimmers should immediately communicate with coaches if they are ill or injured.

Failure to comply with the Athletic Code of Conduct may result in, but not necessarily be limited to, any or all of the following actions:

- A. Warning
- B. Athlete not permitted to participate in some or all team activities.
- C. Athlete sent home, parent notification.

-----Detach and return with registration materials-----

Competitive Swim Team Athlete Code of Conduct

I have read the Athlete Code of Conduct and agree to abide by all the rules stated above.

Athlete's Name _____ Age _____

Athlete's Signature _____ Date _____

Parent's Signature _____ Date _____